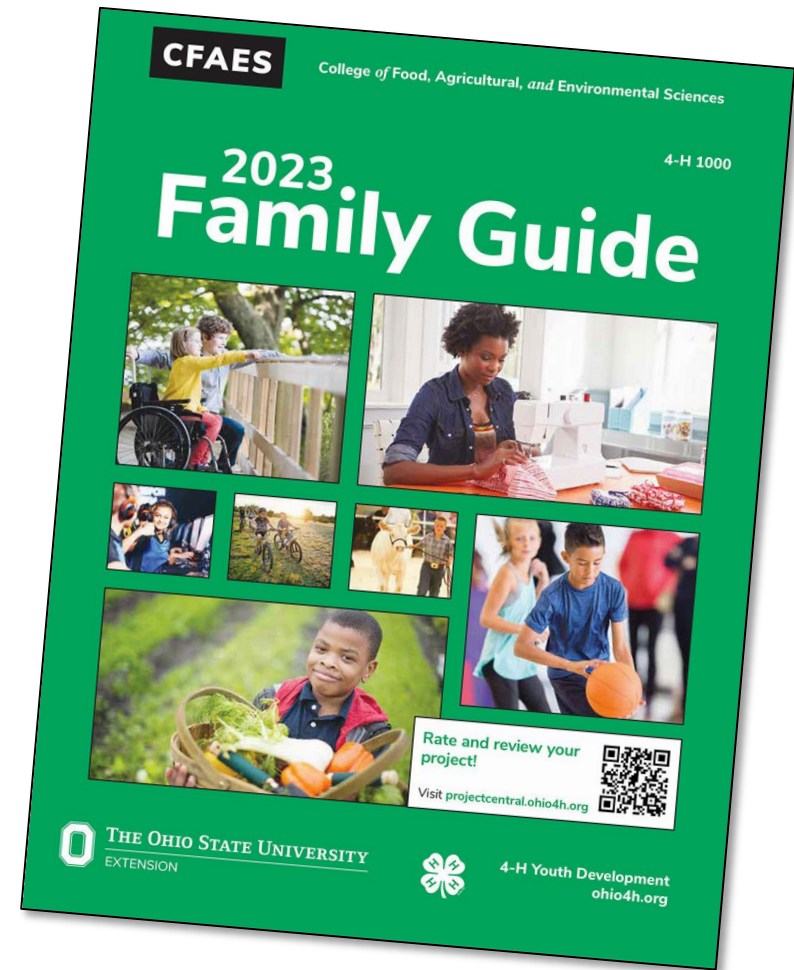


# 2023 Ohio 4-H Publications

# What's New?



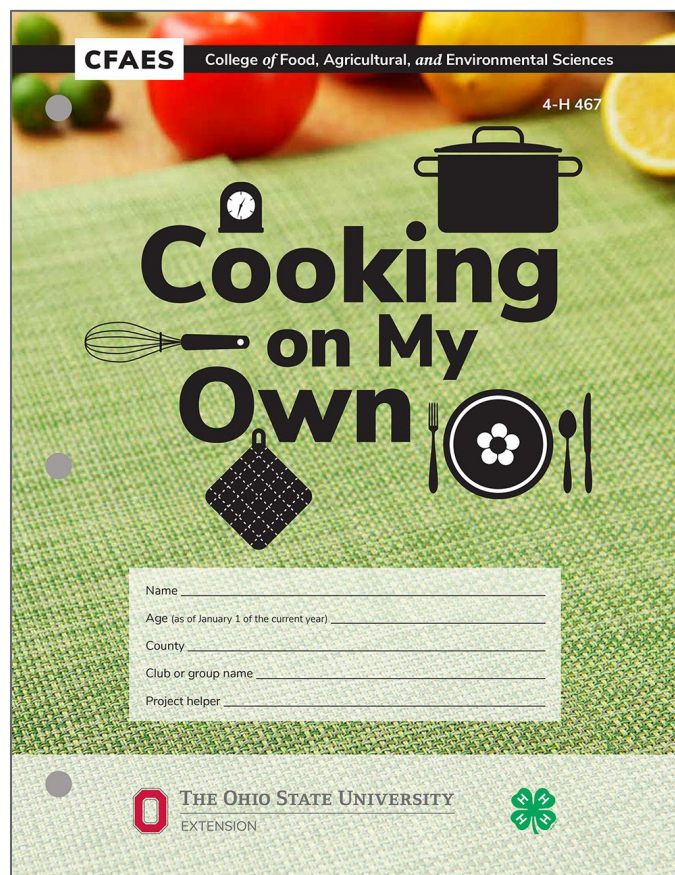


*Coming soon!*

### ***228 Rabbit Project and Record Book***

- For any youth taking a rabbit project —market, breeding, or pet.
- Updated with opportunities for youth to direct their own learning.
- New annual “focus questions” keep content meaningful.
- Required resource is 228R *Rabbit Resource Handbook*.
- All levels.

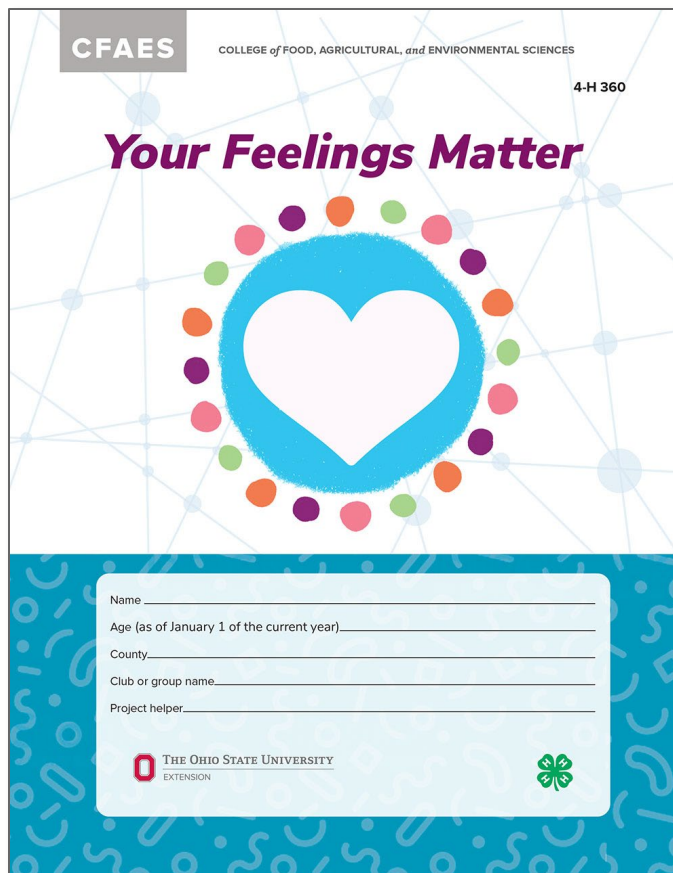




## 476 *Cooking on My Own*

- Full-color, completely revised version of *You're the Chef*.
- Members become confident and independent in the kitchen by expanding their cooking skills.
- Youth step up and prepare meals for themselves and maybe even for their families!
- Advanced level. State fair eligible.





## 360 *Your Feelings Matter*

- Members explore what emotions are, how to express them, and how to react to them in a positive way.
- Hands-on activities are fun and demonstrate how manage emotional situations.
- Beginning level. State fair eligible.





## **509 *Robotics Essentials***

- Replaces *Robotics with EV3*.
- Members learn what a robot is, how to build one, and how to program it.
- Includes option for two recommended platforms: LEGO® Spike Prime or VEX®
- A computer for running the programming software and internet access for watching videos are required.
- Intermediate level. State fair eligible.

*Coming soon!*





## **544 Ready, Set, . . . Mow!**

- Members learn the ins and outs of operating a lawn mower, whether it's push, riding, or zero-turn.
- Safety is first. Included is everything from knowing a mower's parts to dressing for success.
- Also included are tips for mowing and maintenance.
- Advanced level. State fair eligible.

*Coming soon!*



# Self-Determined Projects and Idea Starters


- Built around topic areas that have their own state fair classes, self-determined projects are a way for members to explore topics that interest THEM.
- Must be used with the five-page *Self-Determined Project Guide*, available at [ohio4h.org/selfdetermined](https://ohio4h.org/selfdetermined).
- Idea starters are a great way to begin designing a custom project.
- All levels, state fair eligible.

*A new idea starter for 2023 is Digital Media.*

4-H 365


CFAES

OHIO STATE UNIVERSITY EXTENSION



## Self-Determined Project Guide

by Bob Horton and Kathy Cox,  
Extension Specialists, 4-H Youth Development



### Project Background

A 4-H Self-Determined Project is an opportunity for members to go beyond the scope of their current project or to explore a topic that is unavailable as a project book. Self-Determined Projects on the same topic may be repeated if new areas of interest, learning experiences and leadership/citizenship activities are selected. Not sure what topic to explore? You can get some great ideas by reviewing the Idea Starters available online at [ohio4h.org/selfdetermined](https://ohio4h.org/selfdetermined).

### Project Guidelines

1. Identify a possible topic for your project.
2. Complete the Planning Your Adventure section (Steps 1 through 3) of this guide by discussing and researching your topic, by planning and completing at least two learning experiences, and by planning and completing at least two leadership/citizenship activities.
3. Complete the Conducting Your Adventure section by identifying and completing three areas of interest and three activities within each area.
4. Complete the Reporting Your Adventure section of this guide.

Name: \_\_\_\_\_

Age (as of January 1 of the current year): \_\_\_\_\_ County: \_\_\_\_\_

Club name: \_\_\_\_\_ Advisor: \_\_\_\_\_

Topic you've chosen to explore: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

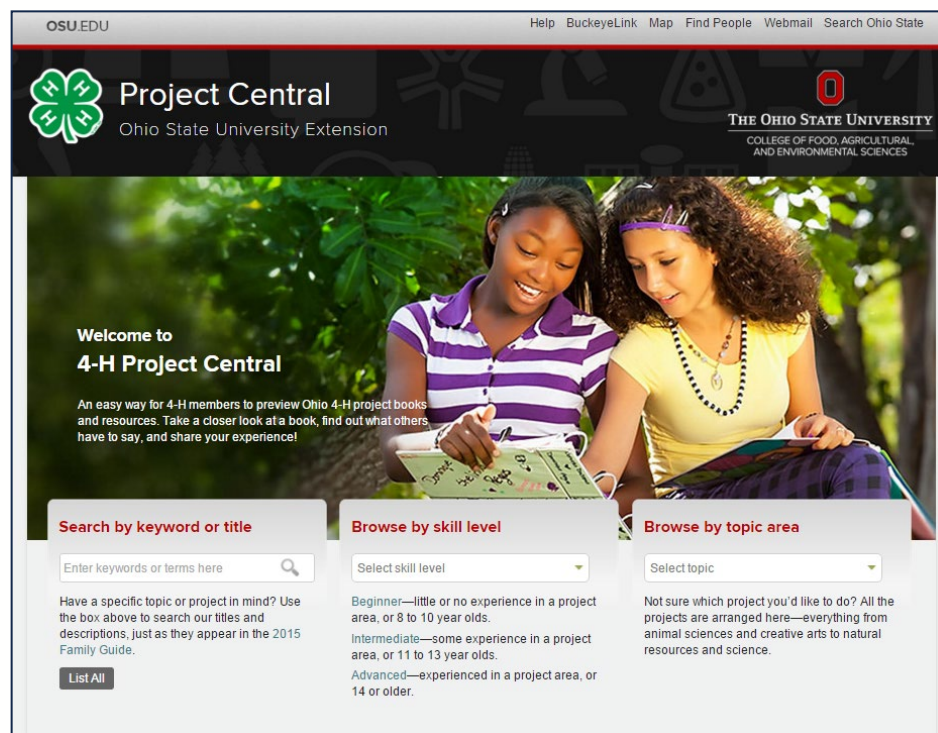
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# Project Central

Members can make a difference in the 4-H community simply by reviewing the projects they take. Go to [projectcentral.ohio4h.org](http://projectcentral.ohio4h.org).



**Search** Find new projects and resources by searching keyword, skill level, or topic.

**Find** Results are easy to sort!

**Learn** Preview sample pages, read reviews from other members and volunteers.

**Rate and share** Help others choose projects and resources by rating and sharing on social media!







These and other Ohio State University Extension, 4-H Youth Development publications are available through local OSU Extension offices and online at [extensionpubs.osu.edu](https://extensionpubs.osu.edu). ***Ohio residents get the best price when they order and pick up their purchases through local Extension offices.***

Want to have books delivered directly to your home? For the 2023 program year, Ohio residents who order online earn free shipping on orders of \$20 or more. Learn more about FREE2023 in the [Ordering Is Easy](#) guidelines.



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